

**Scoring Instructions for the IDS-C₃₀/IDS-SR₃₀
and QIDS-C₁₆/QIDS-SR₁₆**

IDS-C₃₀/IDS-SR₃₀

1. Score 28 of the 30 items.
Score either item 11 or item 12, *not both*.
Score either item 13 or item 14, *not both*.
If both 11 and 12 (or 13 and 14) are completed by accident, score the highest of the two items.
2. Sum the item scores for a total score. Total score range 0-84.

QIDS-C₁₆/QIDS-SR₁₆

1. Enter the highest score on any 1 of the 4 sleep items (1-4) _____
2. Enter score on item 5 _____
3. Enter the highest score on any 1 of the appetite/weight items (6-9) _____
4. Enter score on item 10 _____
5. Enter score on item 11 _____
6. Enter score on item 12 _____
7. Enter score on item 13 _____
8. Enter score on item 14 _____
9. Enter the highest score on either of the 2 psychomotor items (15 and 16) _____
10. Sum the item scores for a total score. Total score range 0-27. _____